

# The interaction between central and peripheral immune systems in methamphetamine use disorder: current status and future directions



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# Abstract

Methamphetamine (METH) use disorder (MUD) is characterized by compulsive drug-seeking behavior and substantial neurotoxicity, posing a considerable burden on individuals and society. Traditionally perceived as a localized central nervous system disorder, recent preclinical and clinical studies have elucidated that MUD is a multifaceted disorder influenced by various biological systems, particularly the immune system. Emerging evidence suggests that both central and peripheral immune responses play a crucial role in the initiation and peristence of MUD. Conceptualizing it as a systemic immune process prompts significant inquiries regarding the mechanisms of communication between peripheral and central compartments. Also, whether this intercommunication could serve as diagnostic biomarkers or therapeutic targets. This review begins by offering an overview of mechanistic studies pertaining to the neuroimmune and peripheral immune systems. Finally, future directions are suggested through the integration of innovative technologies and multidimensional data to promote the translation of basic mechanistic research into clinical diagnostic and therapeutic interventions.

Keywords Methamphetamine, Immune system, Neuroinflammation, Substance use disorder

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# Introduction

MUD represents a critical public health concern, marked by compulsive drug-seeking behavior and significant neurotoxicity [1]. The neurobiological mechanisms underlying MUD are intricate and multifaceted, involving alterations in neural circuits and synaptic plasticity. While a substantial body of research has concentrated on the role of the central nervous system in MUD, emerging evidence indicates that the immune system also plays a pivotal role [2]. Chronic METH use induces systemic inflammation, characterized by elevated levels of inflammatory factors [3]. These interactions may contribute to the pathological motivation to seek drugs and the progression of substance use disorder (SUD). Consequently, immunomodulation of MUD represents a novel



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and promising frontier with the potential to significantly enhance our understanding of the neurobiological mechanisms underlying SUD [4]. However, there is a notable gap concerning the contributions of both peripheral and central immune systems to MUD.

Recent studies have started to elucidate the substantial role that the central immune system plays in the development and maintenance of SUD [5, 6]. In the brain, resident immune cells, such as microglia and astrocytes, provide support and nutrients to neurons. These cells protect the central nervous system (CNS) from injury by upregulation of neuroimmune processes. However, glial overactivation can lead to severe neuronal damage which can further exacerbate neuroinflammation [7, 8]. For example, microglia often release pro-inflammatory cytokines (including tumor necrosis factor-alpha (TNF- $\alpha$ ), interleukin-6 (IL-6) and interleukin-1beta (IL-1 $\beta$ )) or anti-inflammatory cytokines (including interleukin-4 (IL-4), interleukin-13 (IL-13), interleukin-10 (IL-10) and transforming growth factor- $\beta$  (TGF- $\beta$ )) [9]. METH induces the activation of microglia through the classical toll-like receptor 4(TLR4)- myeloid differentiation primary response 88 (MyD88) - nuclear factor kappa-B (NF-kB) signaling pathway [10]. The effects of METH on astrocytes may be direct and have been attributed to its binding to sigma-1 receptors [11]. This neuroinflammatory state induces neurotoxicity and alters neural functions involved in reward and motivation, thereby reinforcing addictive behaviors and increasing the risk of relapse. Notably, recent studies have found that METH promotes blood-brain barrier (BBB) damage by promoting the down-regulation of nuclear receptor related 1 protein (Nurr1) in astrocytes, a member of the nuclear receptor family, and by inducing inflammatory responses in both peripheral and central systems [12, 13]. This suggests a potential linkage between central and peripheral immunity.

Additionally, neuroimmune signals, such as cytokines and chemokines, are not confined exclusively to either the central or peripheral immune systems, as there is considerable overlap between the two [14]. The peripheral immune systems, encompassing the liver, spleen, gut, and lymph nodes, is comprised of the innate immune systems and adaptive immune systems. The innate immune system is composed of macrophages, dendritic cells, and natural killer (NK) cells, whereas the adaptive immune system comprises T cells and B cells, which also secrets cytokines and chemokines such as C-C motif chemokine ligand 2 (CCL2) [15]. The innate immune system performs several critical functions: it recruits immune cells to sites of inflammation via the production of cytokines and chemokines, activates the complement cascade to facilitate the clearance of dead cells, and initiates the adaptive immune response (including T cells and B cells) through a mechanism known as antigen presentation [16]. Previous studies have demonstrated that METH exposure modulates the function of immune cells, including processes such as phagocytosis, chemotaxis, and cytokine response, with notable increases in TNF- $\alpha$ , IL-6, and IL-1 $\beta$  [17, 18]. Chronic administration of METH results in a significant decrease in the activated T lymphocyte lineage, encompassing both CD4+and CD8+T cells [19]. Historically, research has predominantly focused on the isolated role of peripheral immunity in MUD. However, recent studies have demonstrated that drug-induced increases in leukocyte-endothelial adhesion are associated with elevated levels of inflammatory cytokines, which disrupt BBB homeostasis and permeability, thereby exacerbating neuroinflammation [20-22].

The exploration of the interactions between peripheral and central immunity in the context of MUD represents a novel area of research. This review aims to provide a concise overview of the alterations in these two systems in response to METH exposure. By clarifying the causal relationships between peripheral and central immune molecules in this process, we aim to facilitate the identification of biomarkers, the assessment of SUD severity, and the development of targeted immunotherapies.

## Role of the central immune system in MUD

The impact of METH on the CNS is mediated through complex cellular and molecular pathways, which encompass the activation of resident immune cells and the subsequent release of inflammatory mediators [23]. An increasing body of evidence indicates that the activation of glia cells including microglia, astrocytes and oligodendrocytes is triggered in the CNS during the MUD (Fig. 1) [2, 11, 23]. Modulating the activity of glia cells influences animal behavior in response to METH, suggesting that central inflammatory responses play a pivotal role in the development and persistence of SUD [8].

## Microglia

Microglia, as the primary immune cells within the CNS, constitute the first line of defense against pathogens and injury. These multifunctional cells engage in interactions with various other CNS cells, including neurons, astrocytes, and oligodendrocytes [24]. Microglia are regarded as the prototypical tissue-resident macrophage-like innate immune cells [25]. Upon activation, reactive microglia secrete pro-inflammatory cytokines, including IL-1 $\beta$ , TNF- $\alpha$ , IL-18, IL-6, and interleukin-23 (IL-23), and exert toxic effects on neural cells. Both in vivo and in vitro studies have demonstrated that acute METH exposure prompts microglia to transition from a homeostatic state to an activated state via the TLR4/myeloid differential protein 2 (MD-2) signaling pathway with



**Fig. 1** The key pathways involved in METH-induced neuroinflammation. METH exposure activates glia cells through TLR4 and σ-1R, leading to downstream signaling through the MyD88/IRAK/NF-κB, cAMP/PKA and MAPK/ERK pathways. This activation results in the release of inflammatory cytokines, BBB disruption, myelin dysregulation, and neuronal damage. σ-1R: Sigma-1 Receptors; TLR4: Toll-Like Receptor 4; MyD88: Myeloid Differentiation Primary Response 88; IRAK: Interleukin-1 Receptor-Associated Kinase; NF-κB: Nuclear Factor-kappa B; cAMP: Cyclic Adenosine Monophosphate; PKA: Protein Kinase A; MAPK: Mitogen-Activated Protein Kinase; ERK: Extracellular Signal-Regulated Kinase; ROS: Reactive Oxygen Species; BBB: Blood-Brain Barrier; TNF-a: Tumor Necrosis Factor Alpha; IL-6: Interleukin-6; IL-10: Interleukin-10; IL-1b: Interleukin-1 beta; IL-18: Interleukin-18; IL-23: Interleukin-23. Images created with BioRender

morphological changes and proliferation in the nucleus accumbens (NAc) [26, 27]. In vitro study have shown that this activation is marked by the production of pro-inflammatory cytokines (e.g., TNF- $\alpha$ ) and anti-inflammatory cytokines (e.g., IL-10), which seem to result from acute METH exposure [28]. Consistently, increased expression of the anti-inflammatory cytokine (e.g., IL-10) has also been observed in the prefrontal cortex (PFC) and hippocampus in a rat model of acute METH reinstatement [29]. However, chronic METH use results in prolonged activation of microglia and elevated levels of pro-inflammatory factors (e.g., IL-6 and TNF- $\alpha$ ) in the brain reward systems, such as NAc and ventral tegmental area(VTA), through the cyclic adenosine monophosphate/protein kinase A/cAMP response element-binding protein (cAMP/PKA/CREB) signaling pathway, thereby sustaining a state of neuroinflammation [30–32]. Furthermore, microglia release reactive oxygen species (ROS) and reactive nitrogen species (RNS) in a cluster of differentiation 11b (CD11b) -dependent manner, which are cytotoxic to oligodendrocytes and neurons [33, 34]. Reactive species induce oxidative stress, mitochondrial dysfunction, and ultimately neuronal apoptosis, thereby contributing to altered drug-seeking behaviors [35-37]. Inhibition of activated microglia, for example with PLX5622 in the NAc, has been shown to mitigate these behaviors [32]. However, exposure to high doses of METH can result in microglial death [38]. Researches conducted both in vivo (hippocampus) and in vitro indicates that induction of autophagy or the administration of exogenous TNF- $\alpha$  or IL-6 can attenuate microglial apoptosis, suggesting the presence of an intrinsic negative feedback mechanism that regulates microglial activity, which may account for the inconsistent findings in research [39, 40].

Furthermore, vessel-associated microglia initially preserve the integrity of the BBB through the expression of the tight-junction protein Claudin-5 and by establishing physical contact with endothelial cells [41]. However, after long-time METH exposure, microglia engage in the phagocytosis of astrocytic end-feet, leading to vascular damage and the subsequent impairment of BBB function [41]. This dual role highlights the intricate involvement of microglia in both the preservation and impairment of BBB integrity [42-44]. Furthermore, these findings indicate that microglia act as intermediaries in the crosstalk between peripheral and central immune responses. Considering the current limitations of detection methodologies, future research should prioritize the dynamic observation of microglia to clarify their specific role in BBB damage, particularly in determining whether they exacerbate or ameliorate such damage.

# Astrocyte

Similar to microglia, astrocytes are among the most abundant glial cells in the CNS, playing critical roles in maintaining the BBB, regulating neurotransmitter levels, and supporting neuronal function [45]. METH exposure induces reactive astrogliosis, a process characterized by the proliferation and hypertrophy of astrocytes [46]. Both in vivo and in vitro experiments have demonstrated that reactive astrocytes release a multitude of cytokines and chemokines, including mitogen-activated protein kinase kinase 5 (MAPK5), G Protein-Coupled Receptor 65 (GPR65), and C-X-C motif chemokine ligand 5 (CXCL5), thereby contributing to the inflammatory milieu [47]. The release of these pro-inflammatory mediators can exacerbate BBB permeability, facilitating the infiltration of peripheral immune cells and inflammatory molecules into the CNS [12, 48]. Significant markers of BBB disruption include the downregulation of claudins, occludins, junctional adhesion molecules, and cytoskeleton-associated scaffolding proteins such as zonula occludens [20]. Additionally, METH-induced alterations in astrocyte function encompass the dysregulation of glutamate transporters, resulting in elevated extracellular glutamate levels [49]. This dysregulation precipitates excitotoxicity, a pathological condition characterized by neuronal damage and death due to the overactivation of glutamate receptors [50]. Furthermore, METH stimulates astrocyte activation and the excessive release of glutamate, which in turn significantly activates microglia through the IL-10-cell division cycle 42 (Cdc42) signaling pathway. This observation suggests a crosstalk between microglia and astrocytes [32, 51].

Region-specific activation of glial cells induced by METH has been linked to behavioral sensitization, a phenomenon where the behavioral response to a consistent drug dose intensifies with repeated exposure [52]. Research has demonstrated significant correlations between the extent of METH-induced behavioral sensitization and the impact of astrocytes [53]. Specifically, enhanced glial fibrillary acidic protein (GFAP) immunoreactivity in the striatum, along with increased astrocyte proliferation and migration, has been observed [54, 55]. However, current research on the effects of METH on astrocytes predominantly relies on in vitro studies, which lack in vivo recordings of astrocyte activity. This limitation restricts temporal resolution and impedes a comprehensive understanding of astrocyte dynamics. Further investigation is required to elucidate how astrocytes contribute to the rewarding properties of addictive drugs, sensitization to drug effects, withdrawal, and the loss of behavioral control characteristic of these disorders, both in the short and long term.

### Oligodendrocyte

Oligodendrocytes are responsible for the synthesis and maintenance of the myelin sheath that encases axons, thereby facilitating the rapid saltatory conduction of action potentials [56]. In addition to their myelinating role, oligodendrocytes secrete various neurotrophins, including nerve growth factor, brain-derived neurotrophic factor, and neurotrophin-3 [57]. In vitro study has shown that METH exhibits concentration- and timedependent cytotoxic effects on oligodendrocytes [58]. METH induces apoptosis by upregulating pro-apoptotic proteins such as BCL2-Associated X (Bax) and DP5 in vitro or by promoting the accumulation of  $\alpha$ -synuclein in the corpus callosum of chronic METH mice models [58, 59]. This process results in structural damage to myelin, a reduction in myelin-associated proteins, and compromised neuroprotective functions. Despite these findings, research focusing on oligodendrocytes in the context of METH exposure remains sparse. Future investigations should utilize advanced technological methodologies, such as multi-omics approaches (genomics, transcriptomics, proteomics) and artificial intelligence to further elucidate these mechanisms.

Together, the complex interactions among microglia, astrocytes, and cytokine signaling pathways are pivotal in driving the neuropathological alterations associated with MUD, highlighting the critical need for targeted neurobiological interventions [60]. Key cytokines such as IL-10, IL-6, and TNF- $\alpha$  are potential targets in this approach. However, the widespread sources of cytokine secretion make it difficult to target specific cell types within particular brain regions, leading to variable outcomes in different researches. Future research should focus on identifying the specific signaling pathways that activate the central immune system in response to METH.

#### Role of the peripheral immune system in MUD

MUD is not limited to the central nervous system; it also affects multiple peripheral tissues and organs, resulting in a broad spectrum of physiological symptoms and longterm health complications [61]. Chronic METH use has been demonstrated to affect the liver, spleen, gastrointestinal tract, and lymph nodes [62]. These effects frequently lead to systemic inflammation, and cellular damage across various organ systems, thereby diminishing the body's resilience to infections and other stressors.

### Peripheral immune organ damage

METH profoundly impacts peripheral immune organs, including the spleen, liver, gut, and lymph nodes (Fig. 2) [63]. Chronic METH use causes structural and functional alterations in these organs, compromising the body's immune competence [64, 65]. For example, the spleen, a critical organ for filtering blood and mounting immune responses, is particularly vulnerable to METH-induced damage [66]. Acute METH exposure results in elevated levels of pro-inflammatory factors (IL-1 $\beta$ , IL-6) and anti-inflammatory factors (IL-10) in peripheral blood [67]. METH use has been associated with splenomegaly



**Fig. 2** Mechanism of impaired peripheral immune organs by METH. METH induces toxic effects on immune organs include (**A**) liver, (**B**) spleen, (**C**) gut and (**D**) lymph node. (**A**) METH exposure is associated with enhanced steatosis, fibrosis, and necrosis, and it induces hepatic cord degeneration. METH upregulates the activity of Kupffer cells and stellate cells through TLR4 and PI3K/AKT signaling pathways, resulting in increased levels of FGF, GPx-1, SOD-1, and BA. Furthermore, METH impairs macrophage antigen presentation by reducing their capacity to activate CD4 + and CD8 +T cells, and it promotes NK cells to produce pro-inflammatory cytokines including IL-1β, TNF-α. (**B**) METH exposure results in splenomegaly and impaired filtration capacity. Additionally, it induces apoptosis in T cells and splenocytes and inhibits the production of IL-2. METH exposure also promotes the production of IFN-γ, TNF-α, IL-6, and IL-12 through the activation of T cells, NK cells, and macrophages. (**C**) METH exposure induces acute ischemia and compromises barrier permeability. It also upregulates LPS levels and downregulates SCFAs through TLR4 signaling, thereby causing endotoxemia. Furthermore, METH exposure results in immunosuppression, characterized by the downregulation of DCs and NK cells. Additionally, it upregulates proinflammatory cytokines, including IL-1, IL-6, IL-8, and TNF-α, which are released by macrophages and CD4 + T cells. (**D**) METH also induces lymphadenopathy through TAAR1/CREB signaling and promoted the upregulation of IL-2. METH, methamphetamine; TLR4, toll-like receptor 4; Pl3K/AKT, phosphatidyl-inositol 3-kinase/serine-threonine kinase; FGF, fibroblast growth factor; GPx-1, glutathione peroxidase-1; SOD-1, superoxide dismutase-1; BA, bile acid; NK, natural killer; IL-1β, interleukin-1β; TNF-α, tumor necrosis factor-α; CCL5, C-C motif chemokine ligand 5; IL-2, interleukin-2; IFN-γ, interferon-γ; IL-1, interleukin-1; IL-6, interleukin-6; IL-12, interleukin-1; CAMP response element-binding protein. Images

(enlarged spleen) and disruption of normal splenic architecture, impairing its ability to filter pathogens and regulate immune cell populations [19, 68]. This dysfunction leads to immune dysregulation, particularly in the distribution of T cells, NK cells, macrophages, and neutrophils, as observed through immunofluorescence staining [32, 69]. Chronic METH exposure induces decreased interleukin-2 (IL-2) production by splenocytes [70]. Additionally, elevated levels of pro-inflammatory cyto-kines, such as interferon-gamma (IFN- $\gamma$ ), TNF- $\alpha$ , IL-6, and IL-12, along with reduced levels of anti-inflammatory cytokines such as IL-10, contribute to a sustained

inflammatory response, thereby exacerbating tissue damage [68, 69].

The liver plays a critical role in detoxifying harmful substances and regulating immune responses. Acute or large dose of METH exposure has been linked to increased steatosis [71–73], hepatic cord degeneration [72], and necrosis [74]. This damage not only disrupts the liver's detoxification processes but also impairs its ability to produce key proteins and molecules, such as acutephase reactants, IL-1β, TNF-α and C-C motif chemokine ligand 5 (CCL5), essential for an effective immune response. This dysfunction contributes to immunosuppression [75, 76]. METH-induced hepatotoxicity can lead to inflammation and apoptosis via the TLR4/MyD88/ TNF receptor associated factor 6 (Traf6) and phosphatidyl-inositol 3-kinase/serine-threonine kinase (PI3K/ AKT) pathways, impairing liver function and damaging Kupffer cells and other immune cells [77, 78]. Specifically, METH enhances the activity of Kupffer cells and hepatic stellate cells, increasing their production of pro-inflammatory cytokines (including IL-1 $\beta$  and TNF- $\alpha$ ), oxidative stress, and fibrosis, with upregulated expression of fibroblast growth factor (FGF), superoxide dismutase-1 (SOD-1), and glutathione peroxidase-1 (GPx-1) [79]. Several studies have explored the metabolic mechanisms behind METH-induced liver damage. Findings show increased serum levels of aspartate aminotransferase, low-density lipoprotein, and triglycerides, alongside elevated malondialdehyde and nitric oxide levels in the serum, liver, and brain [80, 81]. Interestingly, MUD patients exhibited lower plasma concentrations of total bile acids, cholic acid, and chenodeoxycholic acid, with the most significant decline observed after 3 months of abstinence, followed by gradual recovery over the next year [82]. Bile acids, which are cholesterol-derived molecules, are primarily synthesized in the liver and subsequently released into the small intestine to facilitate digestion. In addition to their digestive functions, bile acids possess immunomodulatory properties and have been shown to impair lymphocyte function, Kupffer cell phagocytosis, interferon responses, and the activity of natural killer cells [83]. These findings suggest the presence of potential immune-metabolic mechanisms that warrant further investigation in future research.

METH also significantly impacts the gastrointestinal (GI) system [84]. Firstly, the rapid and prolonged release of norepinephrine following METH use causes arterial vasoconstriction, leading to acute intestinal ischemia. Common GI symptoms among METH users include abdominal cramping, severe constipation or diarrhea, and tissue dehydration due to the vasoconstriction [84]. Additionally, METH alters the gut microbiota, disrupting gut homeostasis by triggering TLR4-related colonic inflammation, disturbing microbial composition, and

reducing microbiota-derived short-chain fatty acids (SCFAs) [85]. Beyond the GI tract, chronic METH use has also been linked to lymphadenopathy, altering the cellular makeup of lymph nodes and impairing immune responses, thereby increasing vulnerability to infections [86]. Research has shown that METH activates trace amine-associated receptor 1 (TAAR1) in vitro, affecting crucial T cell functions such as cAMP activation and IL-2 production, suggesting that TAAR1 may play a significant role in METH-induced immune response [87].

In conclusion, METH has a profound impact on peripheral immune organs, causing structural and functional impairments that compromise the body's overall immune competence. However, due to the wide range of damage markers and the limited time points for data collection, current research lacks adequate temporal and spatial resolution. To address this, future studies should incorporate advanced technologies, such as real-time ultrasound imaging and other non-invasive in vivo monitoring tools, to assess peripheral organ damage more accurately. Additionally, advanced algorithms should be employed to develop clinical diagnostic models that can better identify and predict METH-induced immune dysfunction.

## Cellular and molecular mechanisms

As mentioned above, METH exposure significantly alters the cellular composition of key immune cells, including macrophages, dendritic cells (DCs), T cells, B cells, and NK cells [88–91]. For example, chronic METH use has immune-suppressive effects on antigen-presenting cells, such as macrophages and DCs, and reduces T cell proliferative activity [13]. Given that innate and adaptive immune cells predominantly circulate in the peripheral blood, this section will focus on the mechanisms involving these immune cells and molecules.

T cells, a critical component of the adaptive immune system, exhibit various cytotoxic and immune-modulating functions upon activation. The two main T-cell subtypes are CD3+CD8+T cells, responsible for cell-mediated cytotoxicity and cytokine release, and CD3+CD4+T cells, which can be further classified into pro- and anti-inflammatory subtypes [92]. Among immune cells, METH's effects on T cells have been most extensively studied. METH-induced T cell activation has been shown to involve several transcription factors, such as NF-KB, CREB, and nuclear factor of activated T cells 1(NFAT1) [19, 93]. Moreover, METH impairs T cell proliferation by inhibiting the Cyclin-dependent kinase 2(CDK2)-cyclin E complex proteins [94]. However, research on CD4+ and CD8+T cell changes following METH exposure is inconsistent, with some studies reporting reduced activation of both cell types, while others reported a decrease in CD4+T cells and an increase

in CD8+T cells [66, 70, 86]. These discrepancies may stem from variations in drug administration methods or detection time points. METH also induces T cell apoptosis through mechanisms like mitochondrial dysfunction, reactive oxygen species production, and oxidative stress [95, 96]. Although limited, some studies suggest that METH directly targets TAAR1 on T cells, leading to activation and IL-2 production [87]. Furthermore, in vitro studies have demonstrated that acute METH exposure results in an elevated secretion of anti-inflammatory cytokines, specifically IL-4 and IL-10, by CD4+T cells [97]. Conversely, in chronic METH exposure mouse models, an increase in the levels of the pro-inflammatory cytokines (e.g., IL-6) and a decrease in the levels of the anti-inflammatory cytokines (e.g., IL-4 and IL-10) by CD4+T cells were observed [98]. These findings suggest that the duration and pattern of METH exposure may have a significant impact on the immune response effects of T cells. Further research is required to fully understand how METH triggers T cell activation and damage, as well as the regulatory factors involved.

Macrophages, a key component of the innate immune system, play a vital role in maintaining homeostasis and responding to infections [91, 99, 100]. METH exposure has been found to induce macrophage apoptosis by activating autophagy pathways such as activating protein-1/ steroid receptor activator (AP-1/SRC) and releasing pro-inflammatory factors like IL-1ß and TNF- $\alpha$  [101–103]. Dendritic cells, which orchestrate T cell immune responses, also show METH-induced dysfunction. METH may inhibit lysosomal-autophagosomal degradation, creating a low pH environment that hinders normal antigen processing and presentation, leading to immunosuppression [104]. B cells, though less studied in the context of METH, are also affected [61]. Research in C57BL/6 mice has shown that METH disrupts B cell activation in response to both T cell-dependent and T cellindependent antigens [105]. Seven days post-antigenic challenge, METH enhances B cell infiltration into pulmonary and splenic tissues and disrupts IgM expression on B cell surfaces, impairing antibody-mediated immunity. Additionally, B cells exposed to METH exhibit impaired proliferation due to the activation of NF-KB, signal transducer and activator of transcription 3 (STAT3), mitogenactivated protein kinase - extracellular signal-regulated kinase (MAPK-ERK), and apoptosis pathways [106, 107].

Overall, MUD induces significant alterations in both peripheral immune organs and cellular mechanisms. Damage to organs such as the spleen, liver, and lymph nodes undermines the body's ability to mount effective immune responses. Future studies should explore the extent to which METH disrupts the relationship between auto-reactive antibodies and organ injury.

# Interaction of central and peripheral immune systems in MUD

The interplay between the central and peripheral immune systems in MUD involves complex feedback mechanisms that exacerbate both neuroinflammation and systemic immune dysregulation. Signals continuously exchange between the CNS and peripheral immune organs, creating a self-reinforcing cycle that worsens the pathological effects of MUD. This section will elaborate on the following two aspects separately: the regulation of the peripheral immune systems by the central immune systems and how the peripheral systems affect the central immune systems (Fig. 3).

# How does the central system regulate the peripheral system?

Immune factors (such as cytokines and chemokines) from the CNS have diverse effects on the peripheral immune system [108]. Cytokines released by activated microglia and astrocytes, such as CCL2, TNF- $\alpha$ , and IL-1β, can penetrate the systemic circulation, disrupting the BBB and increasing cerebral blood flow and vascular permeability [18, 109, 110]. These molecules reach peripheral immune organs, such as the spleen, liver, and gut, triggering immune activation and dysregulation. The spleen and liver, which naturally filter blood-borne molecules, are particularly vulnerable to damage from METH-induced cytokine surges. For instance, studies show that chemokines produced by microglia influence the recruitment and function of peripheral monocytes, exacerbating peripheral inflammation [111–115]. Other inflammatory signaling pathways, such as NF-KB, receptor-interacting serine/threonine-protein kinase (RIPK), MAPK, ERK, c-Jun N-terminal kinase (JNK), and Janus kinase (JAK), are also activated, contributing to sustained peripheral inflammation [116]. In addition, cytokines like IL-33 from microglia stimulate peripheral immune responses, such as T cell activation in the spleen through the growth stimulation expressed gene 2 (ST2) signaling pathway, further linking central and peripheral immune systems [117].

METH withdrawal exacerbates this central-peripheral communication by targeting brain regions involved in stress response, such as the hypothalamus and amygdala. Activation of the hypothalamic-pituitary-adrenal (HPA) axis and the vagus nerve (VN) triggers the release of stress hormones like glucocorticoids, which modulate immune activity [118]. VN activation also directly affects peripheral organs, such as the spleen and liver, further influencing immune responses [119]. This complex network of humoral and neural pathways regulates inflammatory cytokine production in peripheral immune cells, including T cells, monocytes, and macrophages. Upon activation, the VN can modulate various peripheral



**Fig. 3** Interaction of peripheral immune systems and central immune systems in METH addiction. METH addiction induces systemic damage through three potential mechanisms. Firstly, METH exposure activates the vagus nerve in the NTS and the DMV, leading to the release of acetylcholine and norepinephrine. This activation results in dysfunction of peripheral immune organs, including the gut, liver, and spleen, potentially creating a positive feedback loop. Secondly, chronic METH exposure activates the HPA axis, inducing the release of cortisol, which causes immunosuppression, representing a negative feedback mechanism. Thirdly, METH directly and indirectly damages the BBB, activating immune cells and promoting the production of cytokines and chemokines, which can directly impact peripheral organs. METH, methamphetamine; NTS, nucleus tractus solitarius; DMV, dorsal motor nucleus of the vagus; HPA, hypothalamic-pituitary-adrenal; BBB, blood-brain barrier; Ach, acetylcholine; NE, norepinephrine; CRH, corticotropin releasing hormone; ACTH, adreno-cortico-tropic hormone; LPS, lipopolysaccharides. Images created with BioRender

immune organs, including the spleen, liver, and gut. Recent research demonstrated that transcutaneous auricular VN stimulation (taVNS) reduced infarct volume and promoted angiogenesis in rats [120]. Additionally, the hypothalamus plays a central role in the autonomic nervous system by coordinating the neuroendocrine (glucocorticoid) response and cholinergic pathways. This coordination inhibits the release of inflammatory cytokines from peripheral T cells, monocytes, and macrophages, while promoting the release of anti-inflammatory mediators, such as IL-10 [121]. Similarly, norepinephrine (NE) released from dense neural networks throughout the brain and from peripheral organs, such as the spleen, induces significant anti-inflammatory phenotypes in lymphocytes, monocytes, and macrophages [122]. Additionally, the release of catecholamines from nerve endings can stimulate the release of acetylcholine (ACh) from splenic T memory cells, thereby inhibiting inflammation [123].

Collectively, these findings suggest an altered immune landscape under METH exposure in which immune cells, including T cells, macrophages, and DCs, may become hyperactive. This hyperactivation can exacerbate systemic inflammation, thereby contributing to chronic conditions [124]. Moreover, the spleen and liver's capacity to filter blood and regulate immune cell populations becomes compromised under prolonged inflammatory states, resulting in altered immune responses that further impact the CNS [19, 62].

How does the peripheral system affect the central system? METH also induces significant alterations in peripheral immune organs, which subsequently affect the CNS [125]. On one hand, METH can directly damage the BBB, allowing peripheral immune organs to promote neuroinflammation by secreting small molecules that pass through the BBB. On the other hand, peripheral immune organs can secrete inflammatory factors that reach the central nervous system through the bloodstream, exacerbating BBB damage and triggering neuroinflammation. For instance, METH-induced gut dysbiosis facilitates the translocation of bacterial endotoxins, such as LPS, into the bloodstream. These endotoxins are capable of traversing the compromised BBB, thereby directly activating central immune cells and exacerbating neuroinflammation [84, 126]. METH also induces hepatotoxicity, resulting in hepatocyte injury and a decrease in immune regulatory proteins. The impaired liver cannot detoxify or produce essential immune-regulatory factors effectively, thereby exacerbating peripheral inflammation and indirectly impacting CNS health through the release of inflammatory mediators such as TNF- $\alpha$ , IL-6, and IL-1 $\beta$ [127, 128]. Hepatic damage also results in increased plasma ammonia concentrations, which contribute to oxidative stress and inflammation. This systemic inflammatory response can compromise the integrity of the BBB via mechanisms involving matrix metalloproteinase-9 (MMP-9), thereby increasing BBB permeability and facilitating the infiltration of peripheral inflammatory cells into the brain [129].

Furthermore, the activation and migration of peripheral immune cells may further compromise the integrity of the BBB. The resulting damage to these barriers facilitates the entry of peripheral inflammatory cells into the CNS, leading to the accumulation of additional inflammatory mediators within the CNS [130]. For instance, activated macrophages exacerbate inflammation by releasing pro-inflammatory cytokines and chemokines, which recruit T cells that sustain inflammation through the production of IL-17 [131]. Subsequently, under the influence of chemokines, leukocytes infiltrate the damaged brain tissue, thereby exacerbating inflammation. The proportion and distribution of M1 and M2 microglia also undergo alterations, with anti-inflammatory M2 microglia regaining predominance. Microglia and macrophages facilitate the clearance of cellular debris. This inflammatory cycle progressively deteriorates the pathological state of the CNS, culminating in neural damage and potential neurodegenerative changes. Moreover, blocking the infiltration of C-C Motif Chemokine Receptor 2 (CCR2+) monocytes into the brain has shown neuroprotective effects, reducing BBB disruption and central inflammation [132].

Besides positive feedback regulation, the interactions between the central and peripheral immune systems also include negative feedback regulation [133, 134]. For example, the release of anti-inflammatory cytokines, such as IL-10, from specific microglial and peripheral immune cells functions to mitigate excessive inflammation [135]. Nevertheless, in the context of MUD, these regulatory mechanisms are frequently overwhelmed by the substantial pro-inflammatory response. This impairment may diminish the effectiveness of negative feedback mechanisms, thereby permitting a pro-inflammatory state to prevail [136]. Consequently, the central immune system influences the peripheral immune system, and activation of the peripheral immune system reciprocally promotes central immune activation. These interactions exacerbate the pathological progression of MUD, contributing to relapse and associated symptoms [137, 138].

Nonetheless, the causal relationship between these systems remains contentious. Given the constraints of contemporary research methodologies, the majority of available immunological evidence is cross-sectional, rendering the identification of the primary initiating factor and the dynamic evolution of the immune response ambiguous. Future investigations must aim to elucidate the critical immunological determinants that drive the progression of SUD. Nonetheless, it is evident that the BBB, serving as a conduit between the peripheral and central immune systems, plays a pivotal role in this process and will be a central focus of forthcoming research endeavors.

## **Future directions**

Examining MUD through the lens of central-peripheral immune system interactions provides a novel perspective, indicating potential therapeutic strategies that target this bidirectional communication. Nonetheless, significant gaps and challenges persist in comprehensively understanding the mechanisms of central-peripheral immune interactions (Fig. 4).

A significant challenge lies in the fact that, despite the identification of notable markers in MUD (such as IL-1 $\beta$  and TNF- $\alpha$ ), the precise molecular mechanisms underlying the bidirectional communication remain insufficiently elucidated. It is mainly due to the inherent limitations of current animal models, they cannot completely replicate the immunodynamics processes associated with patients suffering from MUD, thereby hindering the translational potential of these studies. Future research should prioritize the development of robust cross-species models



Fig. 4 Framework for future research. Further research should focus on advancing the understanding of the precise mechanisms, identification of specific biomarkers, and development of targeted therapies in animal and human studies. VNS: Vagus Nerve Stimulation; NIBS: Non-Invasive Brain Stimulation; Images created with BioRender

of MUD to elucidate causal relationships and signaling mechanisms.

Another challenge is although the current research has identified certain molecules related to SUD, these biomarkers have not undergone sufficient validation and cannot serve as reliable clinical tools for predicting addiction risk. The majority of biomarker research is still in the experimental phase, with insufficient validation by large-scale population samples, particularly in assessing reproducibility and reliability under diverse conditions. Furthermore, because the progression of MUD may involve various mechanisms, single biomarker alone cannot fully represent the progression. Currently, there is insufficient research on how biomarkers change dynamically during the development of MUD. Consequently, future research should involve longitudinal clinical cohort studies and employ advanced algorithms to identify and predict critical indicators. Given recent advancements in multi-omics technologies, including genomics, transcriptomics, and proteomics, and the rise of artificial intelligence, there is increasing potential to use these tools to deeply analyze interaction mechanisms and identify potential biomarkers.

# Conclusions

Together, this review discusses how MUD induces systemic inflammation, involving central immune cells such as microglia and astrocytes, as well as peripheral immune cells like macrophages and T/B cells. The interplay between these two immune systems is mediated by the regulation of the BBB and VN. They establish a feedback mechanism that exacerbates the detrimental consequences of MUD. Future research need to focus on utilizing advanced technologies to identify biomarkers and develop targeted immunotherapies.

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#### Author contributions

S.S. contributed to the conception, design, data collection, and drafting of the manuscript. Y.S. contributed to the data collection. Both S.S. and Y.S. designed and created the figures with BioRender. G.Z. contributed to critically supervising and revising the manuscript. M.Z. contributed to the conception, design, supervision, and revision of the manuscript. All authors read and approved the final paper.

#### Data availability

No datasets were generated or analysed during the current study.

#### Declarations

#### **Ethical approval**

This study did not involve human or animal subjects, and thus, no ethical approval was required.

#### **Conflict of interest**

The authors declare no conflicts of interest.

#### **Competing interests**

The authors declare no competing interests.

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